

NAPLES ELEMENTARY

LA DELFINA



Volume 1 Issue 20

February 1, 2013

Special Days

We now have a Suggestion and Comment Box! It's right inside the front door. Anyone is free to give feedback. Please, come and help us make our school more awesome, , tell us your questions, comments, and/or concerns. We appreciate your help!

February 4	Honor roll assembly
February 6	New Date For 3rd Grade STEM
February 8	4-6 grade School Dance
February 13	NAEP for 4th Grade
February 14	5th Grade Parent Coffee
February 15	Early Release at 11:00
February 21	STEM Night 2nd grade
February 22	PTA International Festival

We appreciate your Comments and Suggestions

Name: _____ Would you like to be contacted? Yes _____ No _____

Phone Number: _____ Email Address: _____

Comments: _____



Star Lab is back!

Beginning February 7th and throughout the month, the mobile planetarium will be set up in our front atrium for class visits and lessons. Just as we did last year, we would like to invite family and community members to come and participate in a lesson as well. There will be 4 nights, 2 sessions each night, and sessions lasting approximately 30 minutes each. The dates for these family sessions will be February 11th, 12th, 19th, and 20th. If you are interested in attending one of these evening sessions, please contact the school and let us know. We look forward to star gazing with you!

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Attention Parents,

Please advise your students that the Hat Parade Hats need to be picked up no later than Friday, February 8th. All Left over hats will be thrown away!

Honor Roll Assembly

February 4th
 0810—5th Grade
 0900—6th Grade
 1345—4th Grade

I give permission for my child, _____

in Mr/Ms _____ class

to attend the *Valentine's School Dance/Social* on Friday, 8,
February 2013, from 5 till 7 pm in the NES Multi Purpose
Room.

My child will be picked up by _____

Parent Signature Date

I give permission for my child, _____

in Mr/Ms _____ class

to attend the *Valentine's School Dance/Social* on Friday, 8
February 2013, from 5 till 7 pm in the NES Multi Purpose
Room.

My child will be picked up by _____

Parent Signature Date

<p style="text-align: center;"><u>FEBRUARY 2013</u></p> <p style="text-align: center;">NEX Naples School Lunch Menu</p>					
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
					<u>1</u>
					Pizza Margherita w/ cheese, Salad & Tomato Fresh Fruit & Milk
	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>
	Baked drumstick, Wheat Bread, Baby carrots, Salad, Milk, Fresh Fruit	Tortellini cheese w/ tomato sauce, Mixed Vegetables Salad, Milk, Fresh Fruit & Bread	Wrap deli wheat sandwich w/ turkey, cheese and lettuce, French Fries, Fresh Fruit and Milk	Baked Chicken nuggets, Baked Potatoes and Peas, Fresh Fruit, Milk & Wheat Bread	Turkey hot dog on Wheat Bread, Baked Potatoes, Salad, Fresh Fruit & Milk
<p>Tickets are available at NEX Customer Services in Gricignano, the Capodichino and Gricignano NEXMARTS</p>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>
	Baked Chicken nuggets, Baked Potatoes and Peas, Fresh Fruit, Milk & Wheat Bread	Pasta 4 cheese, Baby Carrots, Salad, Fresh Fruit, Wheat Bread & Milk	Chicken Sandwich, French Fries, Salad, Fresh Fruit & Milk	Pizza Margherita, Cheese & Tomato, Salad & Tomato, Fresh Fruit & Milk	<u>NO LUNCH</u>
<p><u>Although every effort is made to adhere to the published menu occasionally the Lunch Menu is subject to change due delivery shipping and security issues.</u></p>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>
	<u>NO SCHOOL</u>	Turkey hot dog on Wheat Bread, Baked Potatoes, Salad, Fresh Fruit & Milk	Baked Chicken Nuggets, Mixed Vegetables, Salad, Fresh Fruit, Milk & Wheat Bread	Baked Crunchy Fish Fillet, French Fries, Salad, Fresh Fruit, Milk & Wheat Bread	Pizza Margherita, Cheese & Tomato, Salad & Tomato, Fresh Fruit & Milk
	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>	
	Chicken Sandwich, Baby Carrots, Salad, Fresh Fruit & Milk	Wrap deli wheat sandwich w/ turkey, cheese and lettuce, French Fries, Fresh Fruit and Milk	Pasta 4 cheese, Mixed Vegetables, Salad, Fresh Fruit, Wheat Bread & Milk	Turkey hot dog on Wheat Bread, Baked Potatoes, Salad, Fresh Fruit & Milk	

From the nurse's office!

Donations are needed!

It's the rainy season again, and our students sometimes need to change out of their wet clothes. We really need your help! If you have any extra sweat pants you would like to donate, please bring them in to the Nurse's Office. Ms. Byrnes is running out of clothes for students to change into, which is never a good thing!!

Don't Forget!



Dear Families,

In the last week we have seen several cases of lice. Please, every day check your children's hair. If your child has lice, please bring him by the Nurse's Office after their treatment. For more information on lice, please go to <http://www.cdc.gov/parasites/lice/head/index.html> . Thanks for your help.

PLEASE DONATE!!!



Please donate your gently used children's books....

Each year we have a book walk at the Dr. Seuss' Birthday party. If you have any gently used children's

books (PK-6th), please drop them off in the book drop boxes in the front atrium. Thanks for your support.

Dance Club!!

Is your groove on? 'Cause Feb 13th, our dance club starts up! It'll be on Wednesdays from 2:45-3:30 for 3-6th grade, and on Fridays at the same time for K-

2nd grade. These classes are in the Sure Start Atrium, so come and boogie!! Please fill out the Activity Form included in this Edition

For your Information

Just so you know, annual maintenance on the play ground equipment is being conducted. The maintenance should be done by the end of this weekend!

STUDENT APPLICATION for NES After School Activities 2012-2013

NAME OF STUDENT: _____ GRADE: _____

TEACHER: _____ ROOM #: _____

DEROS: _____

HOME PHONE: _____

SPONSOR DUTY PHONE: _____ SPONSOR CELL PHONE: _____

EMERGENCY CONTACT NAME: _____

EMERGENCY CONTACT HOME/DUTY PHONE: _____

EMERGENCY CONTACT CELL PHONE: _____

PLEASE LIST PREFERENCES WHICH DEPEND ON OPENING IN ACTIVITIES (and day preference if a choice is warranted):

FIRST CHOICE: _____

SECOND CHOICE: _____

THIRD CHOICE: _____

I, _____ (STUDENT NAME) understand that my signature is a commitment to the after school club which I am selected for. I promise to do my very best to attend and participate in all meetings.

STUDENT SIGNATURE: _____

I, _____ (Parent Name) hereby certify my child's commitment to an after school activity. I understand that transportation is solely my responsibility to arrange for my child and will abide by the published pick up time advertised by the club sponsor.

PARENT SIGNATURE: _____

Classroom teachers:

It is imperative that the information below be completed before the application is turned into the office. ALL applications must be turned in by 1100 on Friday, December 21st. Please send a runner down with them on F morning so that selections and notifications can go out in a timely manner.

DATE APPLICATION RETURNED to TEACHER: _____

DATE APPLICATION RETURNED to OFFICE: _____

The 16th Asian Antiques and Furniture Auction

Saturday February 23rd 2013

Naples American High School Gym

Preview / Silent Auction 11:00 a.m.

Live Auction 12:00 noon



Over 300 items including:
Antique Furniture,
Decorated Porcelain, Lamps,
Hand tied Rugs, Clocks,
Carved Jade, Mirrors, Paintings,
Nautical collection,
Crystal, Screens, Cloisonne plus
many One-of-a-kind items.



“Fantastic buys !”

“A fun new experience to shop here”

“Greatest furniture for the lowest price”

“An exciting opportunity to get great bargains”

\$5 Entry Fee

Plus several door prizes !

Don't Miss This Special Event !!

For more information, please call David Coon at DSN 626-6715

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STEM Night

February 6, 2013

5:00pm

3rd grade students and their parents
are invited to experience

Science, Technology,
Engineering, and Math
in action.

How Big's Big?

it's all
connected



New Date---February 6th

Dear 3rd Grade Parents,

On February 6th, at 5:00 we have a special event planned for our 3rd grade students. Students and parents will work together as NASA scientist to explore all areas of STEM (Science, Technology, Engineering, and Mathematics). This standards based lesson will let students see how different areas of study can lead to future jobs. Please complete and send in the bottom portion of this note, if you and your 3rd grader will be able to join us next week,

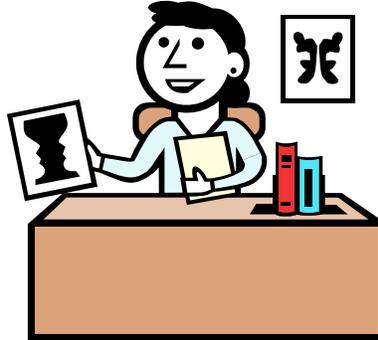
The STEM Committee

Yes, I would like to attend the STEM night with my child.

Student: _____ Parent: _____



Counselors' Comments
Dr. Johnson K-2, 3
Mrs. Lucy 3, 4-6



Dates to remember:

February 13, 2013

February 4-8, 2013

March 11-15, 2013

NAEP 4th grade

National School Counselors' Week 2013

TerraNova 3rd-6th grades

NAEP

For information regarding NAEP, log onto <http://nationsreportcard.gov/parents.asp>

TerraNova

What is the role of educational assessment in education today?

As the nation searches for ways to improve student achievement, educators and policy makers continue to evaluate and reform their education systems. Educational testing, or assessment, is a key component of all education systems. Assessments can be used in schools to monitor educational systems for public accountability; help improve curricula; evaluate the effectiveness of teaching and instructional practices; measure student achievement; and determine a student's mastery of skills.

Although educational testing is a complex field, there are several basic principles that provide a foundation for further understanding. <http://www.ctb.com/ctb.com/control/assessmentBasicsTabAction?p=underAssess>

Bullying vs Teasing

What is bullying? What can I do as a parent? What is the difference between teasing and bullying? Questions, questions, questions. Please read the attached articles to answer some of your questions. *Teasing vs Bullying*
Bullying or Unkind Behavior? How to Know the Difference

Continued From Previous Page

National School Counseling Week 2013, "School Counseling: Liberty and Learning for All," will be celebrated from Feb. 4-8, 2013, to focus public attention on the unique contribution of professional school counselors within U.S. school systems. National School Counseling Week, sponsored by ASCA, highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career. National School Counseling Week is always celebrated the first full week in February.

Crisis in the Schools

Children need safe environments if they are to thrive. When that safety is disrupted, for whatever reason, adults need to reassure children that they will be protected. Crises can range from school-related incidents to incidents in the community, such as natural disasters, or the world at large, such as terrorism or war.

School counselors are a vital part of crisis intervention and can help students understand and recover from the many situations that arise, both those inside and outside the school. In my career as a school counselor, I've been called on to tell a student about a death in the family, work with students after a teacher's death and help students deal with a suicide at the school as well as a tragic car accident during the school day that killed three students.

Your job as a parent is to be well-informed about the school's crisis intervention plan. One of the first things to expect after a crisis is accurate information from the school, such as a letter sent home to keep everyone informed and minimize misinformation. During a crisis children feel a loss of control, and they may feel more empowered knowing what has happened. Be honest in your discussions with your children, and let them know the basic facts. If you don't know all the information, simply tell them that not everything is known at this time.

Crisis situations mean uncertainty for parents, who want to know how to help their children cope with their feelings and understand what has happened. Communication between parents and the school counselor is critical during and after the crisis. Children need caring adults during this time to understand them, support them and help them express their feelings. The partnership with parents and the school counselor is an important relationship that will provide the necessary foundation to help children recover from a crisis situation.

The school counselor's role during crisis intervention includes:

- Providing crisis counseling for students
- Identifying students who need more intense counseling and post-traumatic intervention for grief/loss
- Providing information to the media on the incident and the school counselor's role in supporting to the students
- Supporting parents, teachers and staff as they provide for the students
- Stabilizing the school environment, and helping students return to normalcy.

All children react differently to changes, so observe their behavior, and listen to them. Because children often have difficulty expressing their feelings, their grief comes out in their behavior. Their reactions will depend on their emotional development and age, their relationship to the crisis event, the information they receive about what has happened and their past experiences. They may be confused and worried about what might happen in the future. They may fear that similar events will occur in their own lives. When children have been through a difficult experience, they need reassurance. Help your children explore their emotions, and let them know that their feelings are normal.

Some children will want to repeat the story over and over to make sense of what has happened; other children may not talk about the incident at all. Younger children may not understand what has happened, especially in the case of death. If the child doesn't understand, explain as much as needed, but don't pressure the child into understanding. Let your children talk about the crisis as much as they need to share, allowing them to express their feelings safely without judgment.

A parent's most difficult role in this situation is to allow their children to feel pain. We want to spare our children from tragedy; however, we shouldn't minimize the loss. One of my students was told by her well-meaning parents that she needed to "get over it." Her reaction was to feel angry that her parents did not trust her and resentful that they did not understand how meaningful this was to her.

This may be a stressful time for the family if the child has already experienced the death of someone close. Previous feelings may come back to the forefront, and your child may have nightmares. Continue the normal daily routine as much as possible, including a regular bedtime.

Explore different ways to help your children cope with the stress, and, most importantly, practice these coping skills yourself as well. Talking about feelings openly, exercising, getting enough sleep, laughing and taking breaks are excellent stress relievers. Limit your children's television viewing if the crisis receives a lot of coverage.

When should you seek help from a professional for your children's post-crisis behavior? Some aggressive behavior or acting out may be expected. Parents may see anger and sadness. However, if the behaviors continue and seem to prevent the child from continuing a normal routine after a few weeks, professional help may be needed. Your best resource is your child's school counselor, who can provide additional resources for parents and students who are having difficulty adjusting.

Brenda Melton, M.Ed., LPC, is a school counselor at Navarro Academy, an alternative school in San Antonio, Texas, and a former board president of the American School Counselor Association.

http://www.ascaschoolcounselor.org/article_content.asp?edition=91§ion=145&article=1238



TEASING VS BULLYING

TEASING

Teasing is a fun thing that you do with your friends—with people that you care about. Both give and take equally.

- Allows the teaser and the person teased to swap roles with ease.
- Is innocent in motive. Isn't intended to hurt the other person.
- Maintains the basic dignity of everyone involved.
- Pokes fun in lighthearted, clever and harmless ways.
- Is meant to get both parties to laugh.
- Is only a small part of the activities shared by kids who have something in common.
- Is stopped when the person teased becomes upset, or objects to the teasing (asks the other person to stop directly or indirectly).

BULLYING

Bullying is defined as an aggressive behavior done with the intent to control or harm, involves a real or perceived imbalance of power, and is done **repetitively**. It is **not** considered bullying if two students of equal power joke around or fight. Bullying can be direct or indirect. It can take many forms including:

- Physical (hitting, kicking, biting, throwing things, etc.)
- Verbal (name calling, teasing, taunting, insulting, etc.)
- Relational (gossip, exclusion or leaving people out, telling people to not be your friends, not letting you play, etc.)
- Cyber bullying (mean text-messaging or internet activity)

If a Bully Says or Does Something to You...



- **Ignore the bully.** If you can, try your best to ignore the bully's threats. Pretend you don't hear them and walk away quickly to a place of safety. Bullies want a big reaction to their teasing and meanness. Acting as if you don't notice and don't care is like giving no reaction at all, and this just might stop a bully's behavior.
- **Stand up for yourself.** Pretend to feel really brave and confident. Tell the bully "No! Stop it!" in a loud voice. Then walk away, or run if you have to. Kids also can stand up for each other by telling a bully to stop teasing or scaring someone else, and then walk away together. If a bully wants you to do something that you don't want to do — say "no!" and walk away. If you do what a bully says to do, they will likely keep bullying you. Bullies tend to bully kids who don't stick up for themselves.
- **Don't bully back.** Don't hit, kick, or push back to deal with someone bullying you or your friends. Fighting back just satisfies a bully and it's dangerous, too, because someone could get hurt. You're also likely to get in trouble. It's best to stay with others, stay safe, and get help from an adult.
- **Don't show your feelings.** Plan ahead. How can you stop yourself from getting angry or showing you're upset? Try distracting yourself (counting backwards from 100, spelling the word 'turtle' backwards, etc.) to keep your mind occupied until you are out of the situation and somewhere safe where you can show your feelings.
- **Tell an adult.** If you are being bullied, it's very important to tell an adult. Find someone you trust and go and tell them what is happening to you. Teachers, principals, parents, and social workers at school can all help to stop bullying. Sometimes bullies stop as soon as a teacher finds out because they're afraid that they will be punished by parents. This is not tattling on someone who has done something small — bullying is wrong and it helps if everyone who gets bullied or sees someone being bullied speaks up.

Parents, if your child reports bullying to you or you are concerned that your child is being bullied, you should contact your child's teacher, principals or social workers. Or ask your child to speak up for themselves and let an adult know at school they feel like they are being bullied.

When it comes to bullying, no one would disagree that bullying behavior is unkind. But, did you know that not every unkind behavior is bullying?

In fact, kids, especially young kids, are still learning how emotions work and how people get along with others. They need parents, teachers and other adults to show them how to be kinder, how to resolve conflicts, how to be inclusive and how to grow into responsible adults. Immediately labeling them a bully doesn't help them grow and learn.

Remember there will be times when kids will do or say something that is hurtful. Although being unkind should never be ignored, be careful not to lump all inappropriate behavior into bullying. Instead, try to distinguish between hurtful or unkind behavior and bullying behavior. Here are some examples of non-bullying behavior.

Expressing Negative Thoughts and Feelings

Kids, especially elementary school children, often are very open and honest with their thoughts and feelings. And although it may be uncomfortable for another child to hear what another person thinks, it is not always bullying to share thoughts and feelings.

For example, young children often speak the truth without even thinking about the consequences. They might make a one-time comment about someone's hair being messy or ask why a person's teeth stick out. Or, they might make an uncensored observation like "Wow, your mom is fat."

While these are unkind remarks, they usually come from a place of innocence and should not be labeled immediately as bullying. Instead, the kids who make these types of remarks need an adult to tell them what is appropriate and what isn't. The adult might also give them some ideas on how to phrase things in a way that it won't offend other people.

It's also important for children on the receiving end of an unkind remark to learn how to communicate their feelings with the offending child. For instance, it is healthy to say "I felt hurt when you laughed at my new braces" or "I don't like it when you call my mom fat."

Being Left Out

Remember, it is natural for kids to be close friends with certain people and want to spend time with them. Although children should be friendly and kind toward everyone, it's unrealistic to expect them to be close friends with every child they know.

It's also normal that a child won't be invited to every function or event. There will be times when they are left off the guest list for birthday parties, outings and play dates. This is not the same thing as ostracizing behavior.

When your children are the ones feeling left out, remind them that sometimes they too have to choose not to include every one. Being left out is not bullying. Only when someone is ostracized or deliberately excluded, does being left out become bullying.

Experiencing Conflict

It's a known fact that kids will bicker and fight. In fact, conflict is a very normal part of growing up. The key is that children learn how to solve their problems peacefully and respectfully.

A fight or a disagreement does not represent bullying – even when unkind things are said. Remember, bullying is about a lack of power. A spat or disagreement here and there is not bullying.

Teasing

Most kids have been teased by a friend or a sibling in a playful, friendly or mutual way. They both laugh and no one's feelings get hurt. Teasing is not bullying as long as both kids find it funny. But when teasing becomes cruel, unkind and repetitive, it crosses the line into bullying.

Joking and teasing becomes bullying when there is a conscious decision to hurt another person. For instance, making demeaning comments, name-calling, spreading rumors and making threats all constitute bullying.

Continued on next page....

Not Playing Fair

All kids, at one point or another, will want to play a game according to their "rules." To their friends, they may even appear "bossy." Although playing with someone like this can be unpleasant, it is important to remember that kids are still learning how to play fair.

Instead, they need an adult to help them learn how to take turns and how to cooperate with others. If your children have bossy friends, teach them how to respond to the bossy behavior. For example, your child could say: "Let's play your way, the first time. Then, let's try my way."

Remember, wanting games to be played a certain way is not bullying. Only when a child begins to consistently threaten other kids or physically hurt them when things don't go his way does it start to become bullying.

Learning to be kind to other kids is a process. But with guidance kids can get rid of inappropriate and unkind behaviors and learn how to interact with others around them without wearing the label of bully.

PTA NEWS!



Points of Contact & Direct Duties

President: Jackie Washington

General information, school photos, yearbook, questions, comments, or concerns

VP Programs: Heather Harrington

Upcoming programs: red ribbon week, spelling bee, carnival

VP Fundraising: D'Arcy Glanzmann

Spirit gear, Reflections, donations

Treasurer: Brittney Parker

Budget questions.

Points of Contact & Direct Duties

Secretary: Alida Laney

Newsletter, meeting minutes

Volunteer Coordinator: Mary Teel

Volunteers

Membership: Melissa Phillips

Questions, Comments or Concerns:

Please contact Jackie Washington at

Jackie.washington24@yahoo.com

PTA Office Hours

629-4661 (if personnel is available)

Monday - 11:00-1:00

Tuesday - 12:00-1:00

Wednesday - 11:00-1:00

Thursday - 12:00-1:00 (Unavailable 1st of every month - Meeting time)

Friday - No office hours

Naples Elementary

PTA

Presents:

Motivational/Keynote Speaker

Jasandra Brown

"Strategies for Guaranteed School Success"

Saturday 9th February 2013

Location: Naples Elementary MPR

Workshop Time: 1:00 – 3:30p.m.

Childcare and Light Snacks and Beverages To register, please contact:



PSC 808
Box 39
FPO, AE
09618-0039

Phone: 629-4037
081-811-4037
Fax: 629-4057

**NAPLES
ELEMENTARY**

We're on the web:
[Http://www.Naples.eu.dodea.edu](http://www.Naples.eu.dodea.edu)

NAPLES ELEMENTARY SCHOOL

Link to school's ESL page:

<http://esl.nes.mdsso.eportalnow.net./index.html>

Mr. Chris Beane — Principal

Ms. Tiffiney Weddle — Assistant Principal



Continuous School Improvement Goals

Naples Elementary School will foster a safe and nurturing environment that provides rigorous learning opportunities to empower all students to become independent, creative, problem-solvers who demonstrate exemplary character in a global society.

Goal One: SMART Goal 1: *By June 2014, all students at Naples Elementary School will improve in reading comprehension as demonstrated through increased proficiency in system-wide and locally administered assessments.*

Strategy: Connections to text taught through Guided Reading and Guided Discussions

SMART Goal 2: *By June 2014, all students at Naples Elementary School will improve their understanding of math number sense and operational concepts demonstrated by increased proficiency in system-wide and locally administered assessments.*

Strategy: Connections from the concrete to the abstract using math manipulatives/visual representations.

Goal Two: All Students by 2014 at NES will improve Math Proficiency as demonstrated by improvement in